

Strengths in Ourselves and Our Communities

Participant Pre-work Required:

- Complete Clifton Strengths Assessment
- Read your personalized Strengths Reports
- Read about Open Space
- Bring a color copy of your Passport's information and signature pages (only if you didn't bring in Bemidji)

Lodging:

Holiday Inn Austin Conference Center
170 14th St NW
Austin, MN 55912

Leadership Strategies:

- Recognize personal strength preferences
- Build relationships with others, mindful of both my own and their talents and strengths
- Identify Community Capitals and see signs in communities
- Utilize Open Space and a facilitation technique with groups

Day 1: Wednesday, December 18, 2019

Business Formal

Location: Holiday Inn Austin Conference Center, Harvest Room

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| 10:00 a.m. | Meeting with Seminar Management Team Green
Angelica Hopp, Stephanie Loch, Aaron Vadnais, Jay Schmidt |
| 10:30 a.m. | Welcome
Olga Reuvekamp, Executive Director |
| | Seminar Overview
Christy Kallevig and Toby Spanier, Program Leaders |
| 11:00- 1200 p.m. | Conversations with our Cambodian Hosts
Dr. Shoung Noy and Tov Reaksmey |
| 12:00 p.m. | Lunch and International Reports
Danielle, Rodd, Cordell, Matt Altman, Ben, Grant, Carolyn, Nan |
| 1:00 - 1:45 p.m. | Insights on Cambodia
Steve Kraus, U.N. World Health Organization Regional Director (retired) |

- 2:00 - 4:30 p.m.** **Leading with Your Strengths to Build Team Success**
Shelly Schell, MARL Class VI
- 4:45 - 5:30 p.m.** **Strengths in Communities**
Christy Kallevig, Program Leader
- 5:30 - 6:00 p.m.** **Check into rooms at hotel**
- 6:00 – 7:00 p.m.** **Social Hour**
- 7:00 p.m.** **Leadership Banquet**
Keynote: Representative Rod Hamilton
MN House of Representatives and Member of House Ag Committee

Day 2: Thursday, December 19, 2019**Smart Casual**

Must wear closed toed shoes on tours, no heels Jeans recommended for tours. All jewelry MUST be removed for Hormel tour. Be prepared for walking outdoors during Absolute Energy Tour.

- 6:30 - 7:00 a.m. Travel to Hormel Plant in personal vehicles**
500 14th Ave NE, Austin, MN 55912
Take a right off the exit from 90, go towards the Austin Plant entrance, follow signs to Visitor Parking and meet to check in at the reception.
- 7:00 - 7:30 a.m. Frocking up for Plant Tour and Welcome**
Jeff Grev, Vice President of Legislative Affairs, Hormel Foods
- 7:30 - 9:30 a.m. Hormel Plant Tour**
- 9:30 - 10:00 a.m. Defrock and Travel to Hormel Institute**
801 16th Ave. NE, Austin, MN 55912
- 10:00 - 11:30 a.m. Hormel Institute Tour and Briefing**
Gail Dennison, Director of Development and Public Relations
Brenna Gerhart, Development Associate
Bonnie Rietz, Vice Chair, The Hormel Foundation
- 11:30- 12:00 p.m. Transition to Old Mill Restaurant**
3504 11th Place NE, Austin
- 12:00- 1:00 p.m. Lunch at Old Mill Restaurant**
- 1:00 - 1:30 p.m. Travel to and check in at Absolute Energy**
1372 State Line Rd. St. Ansgar, IA 50472
- 1:30- 3:00 p.m. Tour of Absolute Energy Ethanol Plant (Photos are Not Allowed)**
Rick Schwarck, President, Chairman, CEO
Tim Hauge, Director of Purchasing
- 3:15- 3:30 p.m. Return travel to Austin**
- 3:30 - 5:30 p.m. Exploring Austin's Strengths**
- 5:30 - 6:30 p.m. Social at SPAM Museum and Shop**
101 3rd Ave NE, Austin, MN 55912
- 6:30 p.m. Evening out with EQ i Coaching Groups**
Exploring Optimism and Happiness

Day 3: Friday, December 20, 2019**Business Casual**

Location: Riverland College- Austin, West Building- Room A-273 (Note: Please enter the building through the door marked W-3.) Parking is available in the surface lot on the north side of the building.

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| 7:30 a.m. | SMT Meeting
Riverland College, West Building, Room A-273 |
| 7:45 a.m. | Morning Briefing and Review of Austin's Strengths
Christy Kallevig, Program Leader
Toby Spanier, Program Leader |
| 8:15- 9:30 a.m. | Rural Resilience
Anna Clausen, MARL Class VI, Voices of the Rural |
| 9:45 - 11:00 a.m. | Rural mental health and resilience in Minnesota
Cynthia Christensen, MARL Class III |
| 11:00- 12:00 p.m. | Open Space on Mental Health and Resilience |
| 12:00– 12:30 p.m. | MARL Banquet and Auction Committee Update/Planning |
| 12:30- 1:00 p.m. | MARL Wrap-up and Closing Words |
| 1:00 p.m. | Adjourn |